

# **Drug Fact Sheet**

www.drugfreepa.org

# MUSHROOMS

### What are Mushrooms?

Psilocybin and psilocyn are the hallucinogenic principles contained in certain mushrooms. These mushrooms are generally grown in Mexico and Central America and have been used in native rituals for thousands of years. Psilocybin is structurally similar to serotonin, and produces its effects by disrupting normal functioning of the serotonin system.

# What are the street names/slang terms for Mushrooms?

Caps, Magic mushrooms, Mushrooms, Psilocybin & Psilocyn, Shrooms.

# What do they look like?

Dried mushrooms.

# How are they used?

Mushrooms can be eaten, brewed and consumed as tea.

### What are their short-term effects?

Once ingested, mushrooms generally cause feelings of nausea before the desired mental effects appear. The high from using mushrooms is mild and may cause altered feelings and distorted perceptions of touch, sight, sound and taste. Other effects can include nervousness and paranoia. Effects can be different during each use due to varying potency, the amount ingested, and the user's expectations, mood, surroundings, and frame of mind. On some trips, users experience sensations that are enjoyable. Others can include terrifying thoughts, and anxiety, fears of insanity, death, or losing control.



# What are their long-term effects?

Some mushroom users experience "flashbacks", or hallucinogen persisting perception disorder (HPPD), which are reoccurrences of hallucinations long after ingesting the drug. The causes of these effects, which in some users occur after a single experience with the drug, are not known.

#### What is their federal classification?

Schedule I

## Source

National Institute on Drug Abuse (NIDA)

**Drug Free Pennsylvania** 

1-800-533-3394